

# Hormone Zoomer

## Zoom Into Your Hormones and Reclaim Your Balance

Struggling with fatigue, mood swings, irregular cycles, or weight changes? Your hormones may hold the answers. The Hormone Zoomer comprehensively looks at your hormonal health, revealing imbalances and metabolic blocks that can drive stubborn symptoms.

This advanced urine-based test doesn't just measure hormone levels; it assesses how your body produces, converts, detoxifies, and eliminates key hormones like estrogen, progesterone, testosterone, and cortisol. It also screens for patterns tied to endocrine-disrupting toxins and poor detox efficiency, which may silently contribute to symptoms like anxiety, burnout, or reproductive issues.

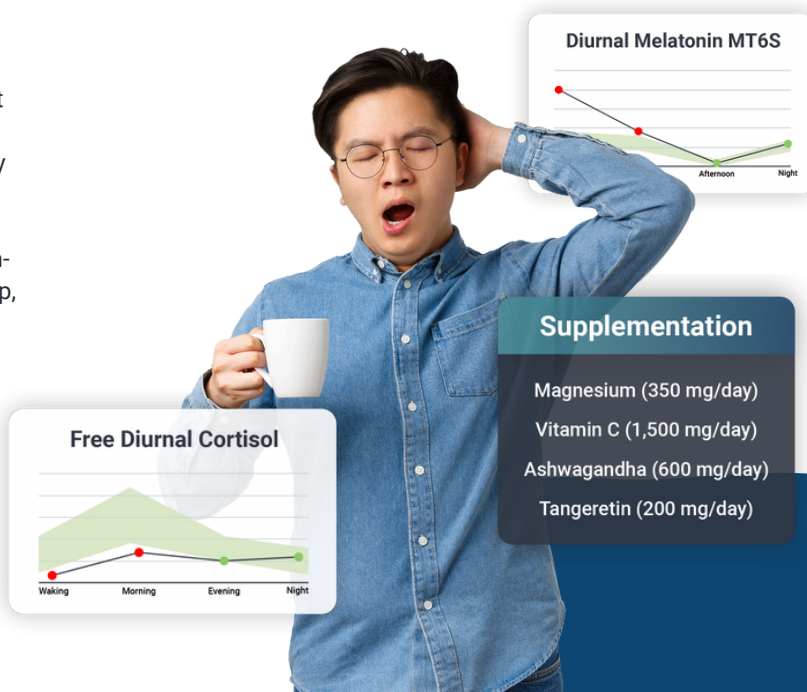
With clinically actionable data and functional insights, your healthcare provider can craft a personalized protocol to rebalance your hormones, support detox pathways, and help you feel like yourself again.

## How It Works

The Hormone Zoomer is a simple at-home urine test that offers a full-spectrum view of your hormone health, metabolic function, and detox efficiency. It measures key hormone levels and their metabolites, evaluates cortisol patterns, and identifies disruptions in how your body processes and clears hormones. It also screens for toxin-related blocks that may be impacting mood, energy, sleep, and reproductive health. With clear visuals and personalized insights, your provider can develop a targeted plan to restore hormonal balance and support your long-term well-being.

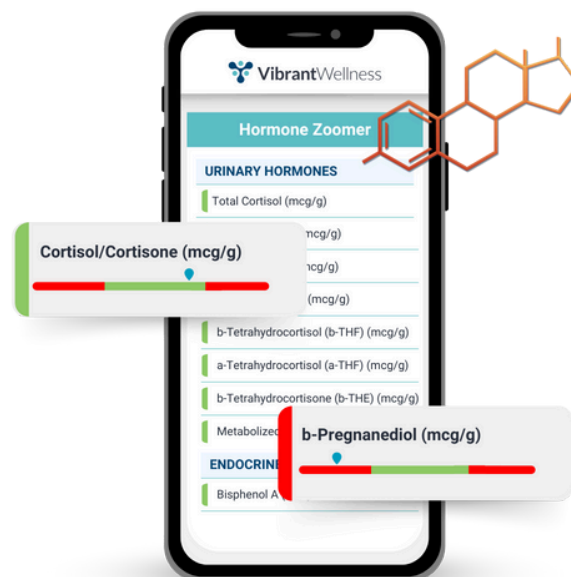
## Why Choose the Hormone Zoomer?

- **Comprehensive Hormone & Metabolite Coverage:** Reports 66 urinary markers including sex hormones, adrenal hormones, and downstream metabolites, including conversion and detox ratios for deeper root-cause insights in complex hormone cases.
- **Endocrine Disruptor & Environmental Toxin Screening:** Screens for 13 key disruptors including BPA, phthalates, parabens, glyphosate, and more, connecting hormone symptoms to real-world toxic burden.
- **Bone Health & Oxidative Stress Integration:** Includes DPD, PYD, and 8-OHdG to evaluate hormone-related bone loss risk and oxidative stress, key for aging, detox capacity, and inflammation mapping.
- **High-Precision, Full-Spectrum Analysis:** Uses LC-MS/MS and GC-MS/MS for accurate hormone detection. Pooled wet urine captures full-day exposure for more reliable results than spot or saliva testing.



## Key Markers Include:

- **Cortisol & Diurnal Rhythm (Adrenals & Stress):** Measures daily cortisol patterns to assess adrenal function, stress resilience, and circadian rhythm imbalances that may affect energy, sleep, and mood.
- **Estrogen Metabolites & Detox Pathways (Hormone Clearance):** Evaluates Phase I and II estrogen detoxification to uncover risks for estrogen dominance, toxin reabsorption, and poor liver function.
- **Progesterone, Testosterone & DHEA (Reproductive & Metabolic Health):** Assesses levels and balance of key sex hormones that influence libido, metabolism, energy, mood, and muscle tone.
- **Xenoestrogens & Toxin Burden (Endocrine Disruption):** Screens for chemical exposures that mimic hormones and interfere with endocrine signaling, often linked to PMS, infertility, or weight gain.
- **Methylation & COMT Activity (Neurohormone Processing):** Identifies detox impairments that affect breakdown of estrogens and catecholamines, potentially influencing anxiety, mood, and inflammation.
- **Cortisol: Estrogen Ratios & Metabolite Balance:** Reveals patterns of hormone dominance or imbalance that may drive fatigue, thyroid dysfunction, and chronic hormonal symptoms.



The Hormone Zoomer analyzes hormone levels, metabolism, detox pathways, and toxin exposure to uncover potential causes of fatigue, mood swings, weight changes, sleep disturbances, and reproductive symptoms. It identifies imbalances in cortisol, estrogen, progesterone, and androgens, along with disruptions in hormone clearance and toxic burden—key drivers of chronic symptoms and hormonal dysfunction.

## Who Should Take This Test?

- **Hormone Symptoms That Won't Resolve?** Fatigue, mood swings, low libido, or cycle changes may point to deeper imbalances—this test uncovers the root causes.
- **Tried Supplements or Hormone Therapy Without Relief?** The Hormone Zoomer helps clarify why one-size-fits-all approaches may not work for your body.
- **Dealing with Brain Fog, Weight Gain, or Poor Sleep?** These common issues can stem from hormone metabolism or toxin-driven dysfunction—this test makes the connection.
- **Navigating Fertility, Perimenopause, or Adrenal Burnout?** Get insight into hormonal shifts affecting reproductive health, energy, and resilience.
- **Want to Be Proactive About Hormone Health?** Even before symptoms appear, this test helps detect subtle patterns that impact long-term wellness and aging.

## Take the First Step Towards Better Health

If you're dealing with fatigue, mood changes, sleep issues, or unexplained weight shifts, your hormones could be the missing link. The Hormone Zoomer delivers clear answers and personalized insights to help restore balance from the inside out. Talk to your healthcare provider today and begin your journey to better energy, resilience, and whole-body wellness!

### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.