

# Hormone Zoomer

At Home

Urine

## Key Clinical Messages

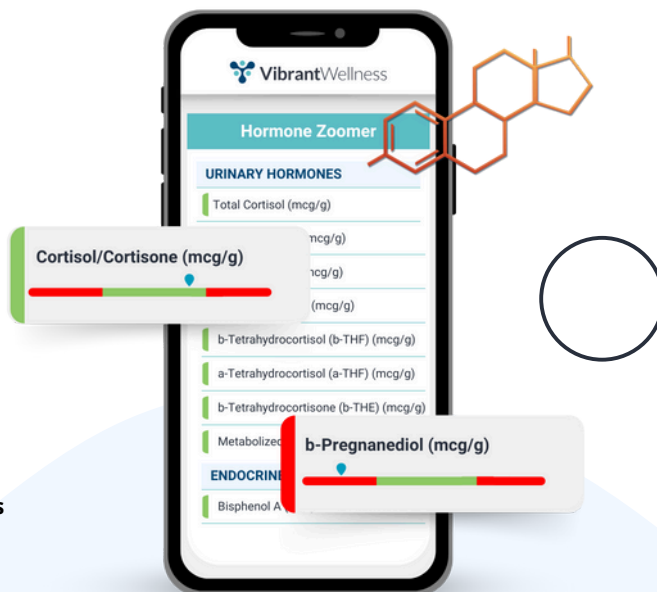
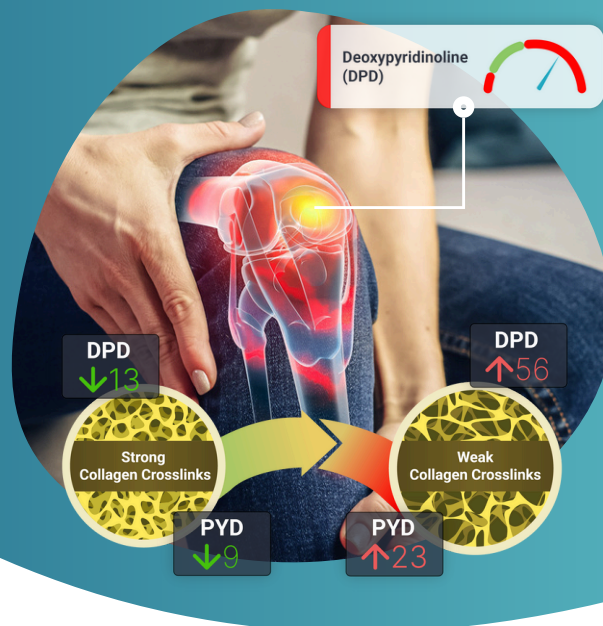
### What is the Hormone Zoomer?

The Hormone Zoomer is a comprehensive urine-based panel designed to help providers identify root causes of hormone-related symptoms. It goes beyond basic hormone levels to deliver targeted clinical insights.

- Measures cortisol patterns, hormone metabolites, and detox efficiency to uncover hidden dysfunctions.
- Links hormone production, clearance, and toxic exposures to symptoms like fatigue, mood swings, weight changes, and fertility issues.

This test connects metabolic and endocrine function with environmental stressors, offering a full-spectrum view for more informed and personalized treatment strategies.

- 66 Urinary Hormone Markers**
- 13 Endocrine Disruptor Markers**
- 2 Bone Health Markers**
- 1 Oxidative Stress Marker**



[Download Male Sample Report](#)



[Download Female Sample Report](#)

### Why Order?

The Hormone Zoomer equips providers with a functional view of hormone health by assessing not just hormone levels, but also metabolism, detox pathways, and toxin exposure. It's ideal for addressing complex cases like estrogen dominance, adrenal dysfunction, or toxin-driven symptoms. With a clear, visual report format and actionable insights, it supports more personalized, targeted interventions and long-term treatment planning.

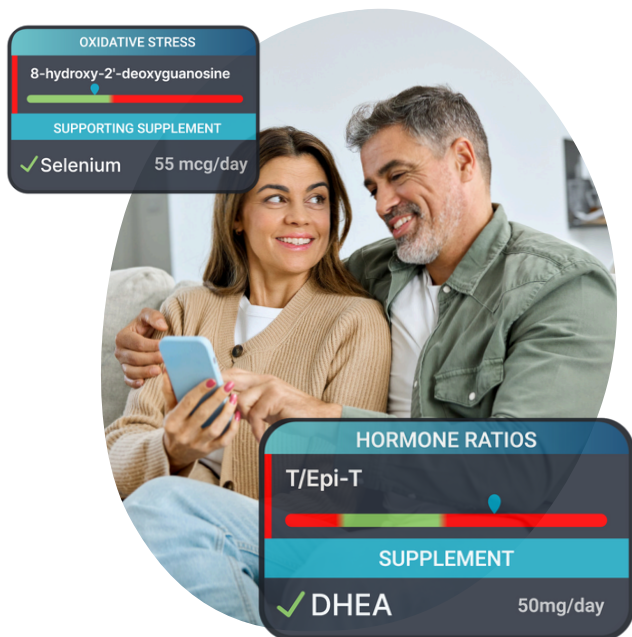
## Synergistic Testing Options

- **Gut Zoomer:** Assesses gut microbiome balance and pathogens that may impair hormone metabolism and detox. Dysbiosis can contribute to estrogen recirculation, inflammation, and hormonal imbalance.
- **Oxidative Stress Profile:** Measures markers of oxidative damage, which can exacerbate hormone imbalances. Offers a broader view of inflammation and aging-related hormone dysfunction.
- **Heavy Metals Test:** Identifies toxic metals like mercury, lead, and arsenic that can impair methylation, thyroid function, and hormone receptor activity, amplifying hormonal imbalances and chronic symptoms.

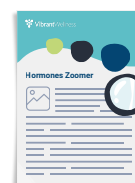
## The Vibrant Advantage

- **Comprehensive Hormone & Metabolite Coverage:** Reports 66 urinary markers including sex hormones, adrenal hormones, and downstream metabolites, including conversion and detox ratios for deeper root-cause insights in complex hormone cases.
- **Endocrine Disruptor & Environmental Toxin Screening:** Screens for 13 key disruptors including BPA, phthalates, parabens, glyphosate, and more, connecting hormone symptoms to real-world toxic burden.
- **Bone Health & Oxidative Stress Integration:** Includes DPD, PYD, and 8OHdG to evaluate hormone-related bone loss risk and oxidative stress, key for aging, detox capacity, and inflammation mapping.
- **High-Precision, Full-Spectrum Analysis:** Uses LC-MS/MS and GC-MS/MS for accurate hormone detection. Pooled wet urine captures full-day exposure for more reliable results than spot or saliva testing.

## Additional Resources



[Markers One-Sheet](#)



[Patient One-Pager](#)



### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or impairment of, or the assessment of the health of, human beings. The tests listed on web page titled "[New York State Approved Tests](#)" can be used for diagnostic purposes as per their intended use.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations. The tests listed on web page titled "[New York State Approved Tests](#)" are cleared by FDA and also comply with the New York State Department of Health regulations.

Revised 4/10/2025